

# **IQRA IAS PRESENTS – NCERT FOUNDATION BATCH FOR UPSC CSE 2026**

## **WHY NCERTS ARE NON-NEGOTIABLE FOR UPSC?**

**01** **NCERT = The Conceptual Backbone of UPSC Prep**

**02** **UPSC Directly Asks NCERT-Based Questions Every Year**

**03** **Removes Confusion from Multiple Sources**



**04** **Recommended by Toppers Consistently**

**05** **Helps Interlink GS Subjects Effectively**

**By the end of this module, aspirants will:**

- Strengthen conceptual clarity across Physics, Chemistry, and Biology.
- Link NCERT fundamentals to UPSC GS Paper III and Science & Tech topics.
- Understand the interconnection between scientific principles and policy issues.
- Build a strong base for analytical application in current affairs and essays.



**Build the Foundation Today.  
Crack UPSC Tomorrow.**

# IQRA IAS

# NCERT

# Batch

# Features

2



## Structured Lecture Plan (150–200 Hours)

A systematic schedule covering NCERT 6–10 thoroughly, with selective 11–12 topics for deeper conceptual grounding.

3



## Hybrid Learning Model

Attend Offline OR Online with full flexibility.  
📺 Recorded lectures available for revision anytime.



5

## Weekly Practice Sessions & Conceptual Clarity + Integrated Understanding

- ✓ MCQs
- ✓ Short Notes
- ✓ Chapter Tests
- All mapped to NCERT chapters for consistent evaluation.
- NCERT-based learning strengthens History, Polity, Geography, Economy, Environment & Science foundations.



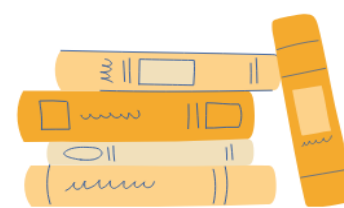
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## Top Faculty + Mentorship Support

Experienced UPSC faculty simplify NCERT concepts and offer continuous academic & strategic guidance.



4



## Lecture-Wise Topic Breakdown

Every session includes:

- A specific NCERT chapter/theme
- UPSC linkage
- Concept reinforcement
- Prelims + Mains angle

6



## Regular Doubt Solving Support

Dedicated faculty & mentors assist with academic queries to ensure zero conceptual gaps.



# SPECIAL LAUNCH BENEFITS

## (ADMISSIONS OPEN – LIMITED SEATS!)



## COURSE FEES & STRUCTURE

Course	Mode	Duration	Fee	Key Features
<b>NCERT Basics – Offline Batch</b>	<b>Classroom (Offline)</b>	<b>6–12 Months (Complete Foundation Program)</b>	<b>₹20,000 + 18% GST</b>	<b>Classroom learning, personal mentorship, regular doubt-clearing support</b>
<b>NCERT Basics – Online Batch</b>	<b>Online (Live + Recorded)</b>	<b>6–12 Months (Flexible Learning)</b>	<b>₹7,500 + 18% GST</b>	<b>Live + recorded classes, anytime revision access, flexible learning schedule</b>

**ENROLL NOW – STRENGTHEN YOUR FOUNDATION,  
STRENGTHEN YOUR ATTEMPT!**



**Call / WhatsApp: 9823256625, 9579247470**

**Website: [info@iqraias.com](mailto:info@iqraias.com), [support@iqraias.com](mailto:support@iqraias.com)**

**YOUR UPSC JOURNEY DESERVES THE RIGHT BEGINNING —  
BEGIN IT WITH IQRA IAS.**



# NCERT Foundation Program- 2026

## Schedule & Topics

### HISTORY

- **Total Duration:** 25 Hours
- **Lectures:** 13 Comprehensive Sessions
- **Objective:** To develop **conceptual clarity and chronological understanding** of India's historical evolution through **systematic NCERT coverage (Class 6–12)**.  
The program focuses on **Ancient, Medieval, and Modern Indian History**, emphasizing **continuity, change, socio-political developments, and cultural evolution**, aligned with **UPSC GS Paper I (History & Culture)** and **History Section**.

Subject	Lecture No.	Major Topic	Core Sub-Topics Covered
History – Ancient India	Lecture 1	Understanding the Past & Sources of Ancient Indian History	What is History? How do historians study the past? Archaeological, Literary & Numismatic Sources
	Lecture 2	The Stone Age and the Indus Valley Civilization	Paleolithic, Mesolithic, Neolithic Cultures – Key Features & Sites Indus Valley Civilization – Urban Planning, Society, Economy, Religion, Decline
	Lecture 3	The Vedic Period – Society, Economy & Political Evolution	Sources: Rigveda and Later Vedic Literature Political Organization, Economy & Social Structure
History – Medieval India	Lecture 4	Rise of New Religious Ideas & Mahajanapadas	Religious Unrest and Socio-Economic Background Jainism, Buddhism & Sixteen Mahajanapadas
	Lecture 5	The Early Medieval Period (Post-Gupta to 1200 CE)	Transition from Ancient to Medieval Period Political Fragmentation, Regional Kingdoms, Feudal Order
	Lecture 6	The Delhi Sultanate (1206–1526 CE)	Establishment of Turkish Rule: Mamluk to Lodi Dynasties Administration, Economy & Cultural Synthesis
	Lecture 7	The Mughal Empire (1526–1707 CE)	Establishment & Expansion under Babur, Humayun, Akbar, Jahangir, Shah Jahan, Aurangzeb Mughal Administration, Art, Culture & Decline
	Lecture 8	Regional States & Cultural Developments (18th Century)	Rise of Regional Powers – Marathas, Bengal Nawabs, Hyderabad, Mysore Bhakti & Sufi Movements, Regional Art & Literature
History – Modern India	Lecture 9	Advent of Europeans & British Expansion	Decline of Mughal Empire and Rise of European Powers Portuguese, Dutch, French & British Rivalry British Political Expansion in India
	Lecture 10	Socio-Religious Reforms & Revolt of 1857	Reform Movements – Raja Ram Mohan Roy, Dayanand Saraswati, Vivekananda, etc. Revolt of 1857 – Causes, Course & Consequences
	Lecture 11	Rise of Nationalism & Gandhian Era	Formation of Indian National Congress
	Lecture 12	Towards Independence	Final Phase of Freedom Struggle
	Lecture 13	Revision & Combined Test (Ancient to Modern)	Comprehensive Revision of Entire NCERT-Based History Timeline Review, Thematic Integration & Practice Test

### GEOGRAPHY

- **Total Duration:** 22 Hours
- **Lectures:** 11 Sessions
- **Objective:** To develop conceptual clarity and geographic literacy through **systematic NCERT coverage (Class 6–12)**, focusing on **map-based understanding, linkages, and UPSC GS Paper I integration.**

Lecture	Topic	Sub-Topic / Detailed Coverage
Lecture -1	The Earth & Solar System	The Universe and the Solar System, Shape and Motions of the Earth, The Globe: Latitudes and Longitudes
Lecture -2	Motions of the Earth & Time Calculation	Earth's Movements – Day/Night and Seasonal Cycles, Concept of Time Zones and Standard Time (IST), Heat Zones and Earth's Inclination
Lecture -3	Landforms of the Earth	Internal Structure of the Earth, Mountains, Plateaus, and Plains, Endogenic and Exogenic Forces
Lecture -4	Atmosphere and Weather	Layers of the Atmosphere, Composition and Temperature Variation, Weather and Climate
Lecture -5	Climate, Monsoon, and Seasons in India	Factors Affecting India's Climate, Indian Monsoon Mechanism, Seasons and Climatic Variability
Lecture -6	Water and Ocean Currents	Distribution of Water on Earth, Ocean Currents, Tides and Waves, Major Oceans of the World, Oceanic Relief features
Lecture -7	Drainage System of India	River Systems: Himalayan and Peninsular Rivers, Major Rivers and Their Tributaries, Role of Rivers in Indian Civilization
Lecture -8	World's Major Vegetation Types	World's Major Vegetation Types, Forest and Grassland Ecosystems, Human Impact on Vegetation and Wildlife
Lecture -9	Natural Vegetation, Soil & Wildlife	Soil Formation and Types, Vegetation and Wildlife Zones, Conservation and Sustainable Management
Lecture 10	India's Size and Location	India's Size and Location, Neighbours and Boundaries, Geological Structure of India
Lecture 11	The Himalayas, Northern Plains, Peninsular Plateau	The Himalayas, Northern Plains, and Peninsular Plateau, Coastal Plains and Islands, Importance of Physical Divisions
Lecture 12	Human Geography and Population	Distribution and Density of Population, Migration and Demographic Changes, Human Settlements and Urbanization
Lecture 13	Indian Physical Map – Rivers, Mountains, States	Indian Physical Map – Rivers, Mountains, States World Physical Map – Continents, Oceans, Major Landforms Recap of Key Geographical Themes

### POLITY

- **Total Duration:** 25-30 Hours
- **Lectures:** 12 Comprehensive Sessions
- **Objective:** To develop **conceptual clarity and foundational understanding of Indian Polity** through **systematic NCERT coverage (Class 6–12)**. The program focuses on the **evolution, philosophy, and working of the Indian Constitution**, including **rights, duties, governance structures, and public institutions**, with direct integration into **UPSC GS Paper II and Prelims Polity Section.**

Lecture No.	Major Topic	Core Sub-Topics Covered
Lecture -1	Introduction to Political Life & Democracy	What is Government and Why Do We Need It? Forms of Government – Democracy, Monarchy, Dictatorship, Role of Citizens in a Democracy.
Lecture -2	Key Democratic Values	Equality and Justice in a Democracy, Liberty and Secularism – Meaning, Relevance, and Contemporary Importance, Challenges to Democratic Values in India
Lecture -3	The Constitution – Formation & Philosophy	Making of the Indian Constitution, Key Features: Preamble, Federalism, Parliamentary System, Vision and Ideals of the Founding Fathers
Lecture -4	Fundamental Rights & Duties	The Six Fundamental Rights, Fundamental Duties and Their Significance, Landmark Judicial Judgments Strengthening Rights
Lecture -5	Directive Principles of State Policy	Concept and Classification of DPSPs, Relationship between Fundamental Rights and DPSPs, Implementation, Challenges, and Limitations



Lecture -6	<b>Parliament and the Law-Making Process</b>	Structure and Composition of Parliament , Legislative Procedure – Ordinary and Money Bills, Powers and Functions of the Speaker and Parliamentary Committees
Lecture -7	<b>Executive – President, Prime Minister &amp; Council of Ministers</b>	Election, Powers, and Functions of the President, Role and Responsibilities of the Prime Minister and Cabinet , Relationship between Legislature and Executive
Lecture -8	<b>Judiciary and Federalism</b>	Structure of the Indian Judiciary , Powers of the Supreme Court and High Courts, Judicial Review, Independence, and Federal Balance
Lecture -9	<b>State Governments &amp; Local Bodies</b>	State Legislature and Executive – Structure and Powers, Panchayati Raj Institutions , Urban Local Governance – Municipalities and Corporations
Lecture 10	<b>Elections &amp; Political Parties</b>	Election Commission of India , Conduct of Free and Fair Elections, Role of Political Parties, Pressure Groups, and Electoral Reforms
Lecture 11	<b>Public Administration &amp; Policy Implementation</b>	Concept and Evolution of Public Administration, Role of Bureaucracy and Civil Services in Policy Execution, Public Accountability and Governance Ethics
Lecture 12	<b>Key Constitutional Features Recap</b>	Recap of Key Constitutional Provisions Mock Test covering Rights, Parliament, and Judiciary Linkages of Polity with Contemporary Issues and Governance Reforms

## ECONOMY

- **Total Duration:** 20-22 Hours
- **Lectures:** 10 Comprehensive Sessions
- **Objective:** To develop **conceptual clarity and economic understanding** through **systematic NCERT coverage (Class 9–12)**, focusing on **economic growth, development, and government policies**.

Lecture No.	Major Topic	Core Sub-Topics Covered
Lecture -1	<b>Understanding the Indian Economy</b>	What is an Economy? Types – Primary, Secondary, and Tertiary Sectors, Economic Activities in Villages , Economic Development Indicators – GDP, HDI, PCI
Lecture -2	<b>Contribution of Agriculture, Industry, and Services</b>	Contribution of Agriculture, Industry, and Services, Organized vs Unorganized Sectors, Employment Patterns and Sectoral Shifts
Lecture -3	<b>Agriculture, Industry &amp; Infrastructure</b>	Role of Agriculture in Indian Economy, Industrial Growth and the MSME Sector, Infrastructure: Power, Transport, Communication
Lecture -4	<b>External Sector &amp; International Trade</b>	Exports, Imports, and Balance of Payments , Foreign Exchange, FDI, and Trade Policies, Globalization and WTO's Impact on India
Lecture -5	<b>Population, Employment &amp; Human Development</b>	People as a Resource , Unemployment – Nature, Types, and Challenges, Human Capital Formation and Skill Development
Lecture -6	<b>Poverty and Inequality</b>	Concept and Measurement of Poverty, Causes and Government Initiatives (PDS, MGNREGA), Inequality and Inclusive Growth
Lecture -7	<b>Planning and Economic Reforms</b>	Five-Year Plans and India's Development Strategy, 1991 LPG Reforms – Liberalization, Privatization, and Globalization, Role and Functions of NITI Aayog
Lecture -8	<b>Money, Banking &amp; Inflation</b>	Functions of Money and Credit, Role of Commercial Banks and RBI, Concept of Inflation and Deflation
Lecture -9	<b>Government Budget &amp; Fiscal Policy</b>	Government Revenue and Expenditure, Fiscal Deficit, Public Debt, and Fiscal Consolidation, Taxation: Direct and Indirect Taxes
Lecture 10	<b>Consolidation of Major Economic Concepts</b>	Consolidation of Major Economic Concepts



## GENERAL SCIENCE

- **Total Duration:** 18-20 Hours
- **Lectures:** 8 Sessions
- **Objective:** To develop **conceptual clarity and scientific understanding** through **systematic NCERT coverage (Class 6–12)**, focusing on **linking core concepts of Biology, Physics, Chemistry, and Environment** with **contemporary developments in Science & Technology**, ensuring complete integration with **UPSC Prelims and GS Paper III (Science & Tech)**

Subject	Lecture No.	Main Topic	Core Sub-Topics Covered
Biology	Lecture 1 – 3	Cell, Life Processes & Human Body	<ul style="list-style-type: none"><li>• Introduction to Science &amp; Living World</li><li>• Life Processes &amp; Human Physiology</li><li>• Environment, Ecosystem &amp; Natural Resources</li></ul>
Physics	Lecture 4 – 6	Motion, Work, Energy & Sound	<ul style="list-style-type: none"><li>• Matter and Its Nature</li><li>• Motion, Force &amp; Energy</li><li>• Light, Sound &amp; Electricity</li></ul>
Chemistry	Lecture 7	Matter, Elements & Compounds	<ul style="list-style-type: none"><li>• Chemical Reactions &amp; Everyday Chemistry</li></ul>
Space, Environment & Technology	Lecture 8	Scientific Developments & Revision	<ul style="list-style-type: none"><li>• Recent Developments in Science &amp; Technology</li><li>• Space and Environment</li><li>• Comprehensive Revision &amp; Practice Test</li></ul>

## INDIAN SOCIETY

- **Total Duration:** 12-15 Hours
- **Lectures:** 6 Comprehensive Sessions
- **Objective:** To develop **conceptual clarity and sociological understanding** of **Indian Society, Culture, and Social Change** through **systematic NCERT coverage (Class 6–12)**.

Lecture No.	Major Topic	Core Sub-Topics Covered
Lecture 1 – 2	Diversity and Unity in India	<ul style="list-style-type: none"><li>• Introduction to Indian Society and Culture</li><li>• Unity and Diversity in Indian Society</li></ul>
Lecture 3	Social Institutions: Family, Caste, Religion	<ul style="list-style-type: none"><li>• Social Institutions – Family, Caste &amp; Class</li></ul>
Lecture 4	Gender, Regionalism, and Social Change	<ul style="list-style-type: none"><li>• Social Change and Development in India</li></ul>
Lecture 5	Challenges to Social Harmony	<ul style="list-style-type: none"><li>• Social Issues and Challenges</li><li>• Unity and Diversity in Indian Society</li></ul>
Lecture 6	Contemporary Issues, Role of Youth & Revision	<ul style="list-style-type: none"><li>• Social Movements: Women, Environment, and Dalit Movements</li></ul>

