

# **IQRA IAS PRESENTS – NCERT FOUNDATION BATCH FOR UPSC CSE 2026**

## **WHY NCERTS ARE NON-NEGOTIABLE FOR UPSC?**

**01** **NCERT = The Conceptual Backbone of UPSC Prep**

**02** **UPSC Directly Asks NCERT-Based Questions Every Year**

**03** **Removes Confusion from Multiple Sources**

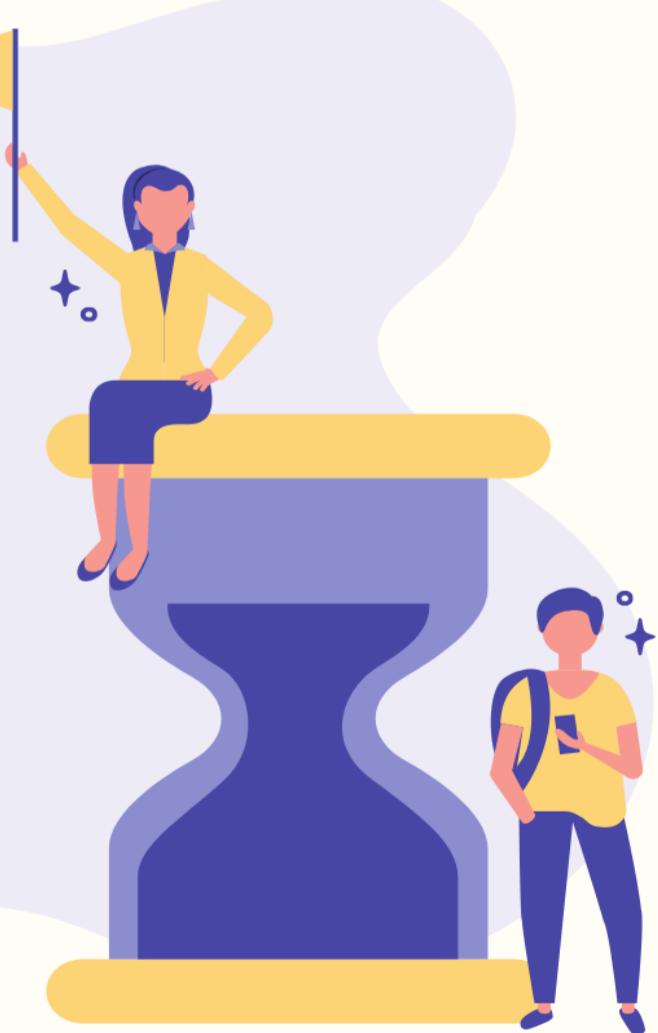


**04** **Recommended by Toppers Consistently**

**05** **Helps Interlink GS Subjects Effectively**

**By the end of this module, aspirants will:**

- Strengthen conceptual clarity across Physics, Chemistry, and Biology.
- Link NCERT fundamentals to UPSC GS Paper III and Science & Tech topics.
- Understand the interconnection between scientific principles and policy issues.
- Build a strong base for analytical application in current affairs and essays.



**Build the Foundation Today.  
Crack UPSC Tomorrow.**

# **IQRA IAS**

## **NCERT**

## **Batch**

## **Features**



### **Structured Lecture Plan (150–200 Hours)**

A systematic schedule covering NCERT 6–10 thoroughly, with selective 11–12 topics for deeper conceptual grounding.



### **Hybrid Learning Model**

Attend Offline OR Online with full flexibility.

➤ Recorded lectures available for revision anytime.



### **Weekly Practice Sessions & Conceptual Clarity + Integrated Understanding**

- ✓ MCQs
- ✓ Short Notes
- ✓ Chapter Tests
- All mapped to NCERT chapters for consistent evaluation.
- NCERT-based learning strengthens History, Polity, Geography, Economy, Environment & Science foundations.



### **Top Faculty + Mentorship Support**

Experienced UPSC faculty simplify NCERT concepts and offer continuous academic & strategic guidance.



### **Lecture-Wise Topic Breakdown**

Every session includes:

- A specific NCERT chapter/theme
- UPSC linkage
- Concept reinforcement
- Prelims + Mains angle



### **Regular Doubt Solving Support**

Dedicated faculty & mentors assist with academic queries to ensure zero conceptual gaps.

# **SPECIAL LAUNCH BENEFITS**

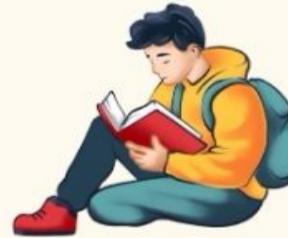
## **(ADMISSIONS OPEN – LIMITED SEATS!)**



## **COURSE FEES & STRUCTURE**

Course	Mode	Duration	Fee	Key Features
<b>NCERT Basics – Offline Batch</b>	<b>Classroom (Offline)</b>	<b>6–12 Months (Complete Foundation Program)</b>	<b>₹20,000 + 18% GST</b>	<b>Classroom learning, personal mentorship, regular doubt-clearing support</b>
<b>NCERT Basics – Online Batch</b>	<b>Online (Live + Recorded)</b>	<b>6–12 Months (Flexible Learning)</b>	<b>₹7,500 + 18% GST</b>	<b>Live + recorded classes, anytime revision access, flexible learning schedule</b>

**ENROLL NOW – STRENGTHEN YOUR FOUNDATION,  
STRENGTHEN YOUR ATTEMPT!**



**Call / WhatsApp: 9823256625, 9579247470**

**Website: [info@iqraiias.com](mailto:info@iqraiias.com), [support@iqraiias.com](mailto:support@iqraiias.com)**

**YOUR UPSC JOURNEY DESERVES THE RIGHT BEGINNING –  
BEGIN IT WITH IQRA IAS.**

# NCERT Foundation Program- 2026

## Schedule & Topics

### HISTORY

- **Total Duration:** 25 Hours
- **Lectures:** 13 Comprehensive Sessions
- **Objective:** To develop conceptual clarity and chronological understanding of India's historical evolution through systematic NCERT coverage (Class 6-12).

The program focuses on Ancient, Medieval, and Modern Indian History, emphasizing continuity, change, socio-political developments, and cultural evolution, aligned with UPSC GS Paper I (History & Culture) and History Section.

Subject	Lecture No.	Major Topic	Core Sub-Topics Covered
History - Ancient India	Lecture 1	Understanding the Past & Sources of Ancient Indian History	What is History? How do historians study the past? Archaeological, Literary & Numismatic Sources
	Lecture 2	The Stone Age and the Indus Valley Civilization	Paleolithic, Mesolithic, Neolithic Cultures – Key Features & Sites Indus Valley Civilization – Urban Planning, Society, Economy, Religion, Decline
	Lecture 3	The Vedic Period – Society, Economy & Political Evolution	Sources: Rigveda and Later Vedic Literature Political Organization, Economy & Social Structure
	Lecture 4	Rise of New Religious Ideas & Mahajanapadas	Religious Unrest and Socio-Economic Background Jainism, Buddhism & Sixteen Mahajanapadas
History - Medieval India	Lecture 5	The Early Medieval Period (Post-Gupta to 1200 CE)	Transition from Ancient to Medieval Period Political Fragmentation, Regional Kingdoms, Feudal Order
	Lecture 6	The Delhi Sultanate (1206-1526 CE)	Establishment of Turkish Rule: Mamluk to Lodi Dynasties Administration, Economy & Cultural Synthesis
	Lecture 7	The Mughal Empire (1526-1707 CE)	Establishment & Expansion under Babur, Humayun, Akbar, Jahangir, Shah Jahan, Aurangzeb Mughal Administration, Art, Culture & Decline
	Lecture 8	Regional States & Cultural Developments (18th Century)	Rise of Regional Powers – Marathas, Bengal Nawabs, Hyderabad, Mysore Bhakti & Sufi Movements, Regional Art & Literature
History - Modern India	Lecture 9	Advent of Europeans & British Expansion	Decline of Mughal Empire and Rise of European Powers Portuguese, Dutch, French & British Rivalry British Political Expansion in India
	Lecture 10	Socio-Religious Reforms & Revolt of 1857	Reform Movements – Raja Ram Mohan Roy, Dayanand Saraswati, Vivekananda, etc. Revolt of 1857 – Causes, Course & Consequences
	Lecture 11	Rise of Nationalism & Gandhian Era	Formation of Indian National Congress
	Lecture 12	Towards Independence	Final Phase of Freedom Struggle
	Lecture 13	Revision & Combined Test (Ancient to Modern)	Comprehensive Revision of Entire NCERT-Based History Timeline Review, Thematic Integration & Practice Test

## GEOGRAPHY

- **Total Duration:** 22 Hours
- **Lectures:** 11 Sessions
- **Objective:** To develop conceptual clarity and geographic literacy through **systematic NCERT coverage (Class 6-12)**, focusing on **map-based understanding, linkages, and UPSC GS Paper I integration**.

Lecture	Topic	Sub-Topic / Detailed Coverage
Lecture -1	<b>The Earth &amp; Solar System</b>	The Universe and the Solar System, Shape and Motions of the Earth, The Globe: Latitudes and Longitudes
Lecture -2	<b>Motions of the Earth &amp; Time Calculation</b>	Earth's Movements – Day/Night and Seasonal Cycles, Concept of Time Zones and Standard Time (IST), Heat Zones and Earth's Inclination
Lecture -3	<b>Landforms of the Earth</b>	Internal Structure of the Earth, Mountains, Plateaus, and Plains ,Endogenic and Exogenic Forces
Lecture -4	<b>Atmosphere and Weather</b>	Layers of the Atmosphere, Composition and Temperature Variation, Weather and Climate
Lecture -5	<b>Climate, Monsoon, and Seasons in India</b>	Factors Affecting India's Climate , Indian Monsoon Mechanism, Seasons and Climatic Variability
Lecture -6	<b>Water and Ocean Currents</b>	Distribution of Water on Earth , Ocean Currents, Tides and Waves, Major Oceans of the World, Oceanic Relief features
Lecture -7	<b>Drainage System of India</b>	River Systems: Himalayan and Peninsular Rivers, Major Rivers and Their Tributaries, Role of Rivers in Indian Civilization
Lecture -8	<b>World's Major Vegetation Types</b>	World's Major Vegetation Types, Forest and Grassland Ecosystems, Human Impact on Vegetation and Wildlife
Lecture -9	<b>Natural Vegetation, Soil &amp; Wildlife</b>	Soil Formation and Types , Vegetation and Wildlife Zones, Conservation and Sustainable Management
Lecture 10	<b>India's Size and Location</b>	India's Size and Location, Neighbours and Boundaries, Geological Structure of India
Lecture 11	<b>The Himalayas, Northern Plains, Peninsular Plateau</b>	The Himalayas, Northern Plains, and Peninsular Plateau, Coastal Plains and Islands, Importance of Physical Divisions
Lecture 12	<b>Human Geography and Population</b>	Distribution and Density of Population, Migration and Demographic Changes, Human Settlements and Urbanization
Lecture 13	<b>Indian Physical Map – Rivers, Mountains, States</b>	Indian Physical Map – Rivers, Mountains, States World Physical Map – Continents, Oceans, Major Landforms Recap of Key Geographical Themes

## POLITY

- **Total Duration:** 25-30 Hours
- **Lectures:** 12 Comprehensive Sessions
- **Objective:** To develop **conceptual clarity and foundational understanding of Indian Polity** through **systematic NCERT coverage (Class 6-12)**. The program focuses on the **evolution, philosophy, and working of the Indian Constitution**, including **rights, duties, governance structures, and public institutions**, with direct integration into **UPSC GS Paper II and Prelims Polity Section**.

Lecture No.	Major Topic	Core Sub-Topics Covered
Lecture -1	<b>Introduction to Political Life &amp; Democracy</b>	What is Government and Why Do We Need It? Forms of Government – Democracy, Monarchy, Dictatorship, Role of Citizens in a Democracy.
Lecture -2	<b>Key Democratic Values</b>	Equality and Justice in a Democracy, Liberty and Secularism – Meaning, Relevance, and Contemporary Importance, Challenges to Democratic Values in India
Lecture -3	<b>The Constitution – Formation &amp; Philosophy</b>	Making of the Indian Constitution , Key Features: Preamble, Federalism, Parliamentary System, Vision and Ideals of the Founding Fathers
Lecture -4	<b>Fundamental Rights &amp; Duties</b>	The Six Fundamental Rights, Fundamental Duties and Their Significance, Landmark Judicial Judgments Strengthening Rights
Lecture -5	<b>Directive Principles of State Policy</b>	Concept and Classification of DPSPs , Relationship between Fundamental Rights and DPSPs, Implementation, Challenges, and Limitations

<b>Lecture -6</b>	<b>Parliament and the Law-Making Process</b>	Structure and Composition of Parliament , Legislative Procedure – Ordinary and Money Bills, Powers and Functions of the Speaker and Parliamentary Committees
<b>Lecture -7</b>	<b>Executive – President, Prime Minister &amp; Council of Ministers</b>	Election, Powers, and Functions of the President, Role and Responsibilities of the Prime Minister and Cabinet , Relationship between Legislature and Executive
<b>Lecture -8</b>	<b>Judiciary and Federalism</b>	Structure of the Indian Judiciary , Powers of the Supreme Court and High Courts, Judicial Review, Independence, and Federal Balance
<b>Lecture -9</b>	<b>State Governments &amp; Local Bodies</b>	State Legislature and Executive – Structure and Powers, Panchayati Raj Institutions , Urban Local Governance – Municipalities and Corporations
<b>Lecture 10</b>	<b>Elections &amp; Political Parties</b>	Election Commission of India , Conduct of Free and Fair Elections, Role of Political Parties, Pressure Groups, and Electoral Reforms
<b>Lecture 11</b>	<b>Public Administration &amp; Policy Implementation</b>	Concept and Evolution of Public Administration, Role of Bureaucracy and Civil Services in Policy Execution, Public Accountability and Governance Ethics
<b>Lecture 12</b>	<b>Key Constitutional Features Recap</b>	Recap of Key Constitutional Provisions Mock Test covering Rights, Parliament, and Judiciary Linkages of Polity with Contemporary Issues and Governance Reforms

## ECONOMY

- **Total Duration:** 20-22 Hours
- **Lectures:** 10 Comprehensive Sessions
- **Objective:** To develop **conceptual clarity and economic understanding** through **systematic NCERT coverage (Class 9-12)**, focusing on **economic growth, development, and government policies**.

<b>Lecture No.</b>	<b>Major Topic</b>	<b>Core Sub-Topics Covered</b>
<b>Lecture -1</b>	<b>Understanding the Indian Economy</b>	What is an Economy? Types – Primary, Secondary, and Tertiary Sectors, Economic Activities in Villages , Economic Development Indicators – GDP, HDI, PCI
<b>Lecture -2</b>	<b>Contribution of Agriculture, Industry, and Services</b>	Contribution of Agriculture, Industry, and Services, Organized vs Unorganized Sectors, Employment Patterns and Sectoral Shifts
<b>Lecture -3</b>	<b>Agriculture, Industry &amp; Infrastructure</b>	Role of Agriculture in Indian Economy, Industrial Growth and the MSME Sector, Infrastructure: Power, Transport, Communication
<b>Lecture -4</b>	<b>External Sector &amp; International Trade</b>	Exports, Imports, and Balance of Payments , Foreign Exchange, FDI, and Trade Policies, Globalization and WTO's Impact on India
<b>Lecture -5</b>	<b>Population, Employment &amp; Human Development</b>	People as a Resource , Unemployment – Nature, Types, and Challenges, Human Capital Formation and Skill Development
<b>Lecture -6</b>	<b>Poverty and Inequality</b>	Concept and Measurement of Poverty, Causes and Government Initiatives (PDS, MGNREGA), Inequality and Inclusive Growth
<b>Lecture -7</b>	<b>Planning and Economic Reforms</b>	Five-Year Plans and India's Development Strategy, 1991 LPG Reforms – Liberalization, Privatization, and Globalization, Role and Functions of NITI Aayog
<b>Lecture -8</b>	<b>Money, Banking &amp; Inflation</b>	Functions of Money and Credit, Role of Commercial Banks and RBI, Concept of Inflation and Deflation
<b>Lecture -9</b>	<b>Government Budget &amp; Fiscal Policy</b>	Government Revenue and Expenditure, Fiscal Deficit, Public Debt, and Fiscal Consolidation, Taxation: Direct and Indirect Taxes
<b>Lecture 10</b>	<b>Consolidation of Major Economic Concepts</b>	Consolidation of Major Economic Concepts

## GENERAL SCIENCE

- **Total Duration:** 18-20 Hours
- **Lectures:** 8 Sessions
- **Objective:** To develop conceptual clarity and scientific understanding through systematic NCERT coverage (Class 6-12), focusing on linking core concepts of Biology, Physics, Chemistry, and Environment with contemporary developments in Science & Technology, ensuring complete integration with UPSC Prelims and GS Paper III (Science & Tech)

Subject	Lecture No.	Main Topic	Core Sub-Topics Covered
Biology	Lecture 1 – 3	Cell, Life Processes & Human Body	<ul style="list-style-type: none"> <li>• Introduction to Science &amp; Living World</li> <li>• Life Processes &amp; Human Physiology</li> <li>• Environment, Ecosystem &amp; Natural Resources</li> </ul>
Physics	Lecture 4 – 6	Motion, Work, Energy & Sound	<ul style="list-style-type: none"> <li>• Matter and Its Nature</li> <li>• Motion, Force &amp; Energy</li> <li>• Light, Sound &amp; Electricity</li> </ul>
Chemistry	Lecture 7	Matter, Elements & Compounds	<ul style="list-style-type: none"> <li>• Chemical Reactions &amp; Everyday Chemistry</li> </ul>
Space, Environment & Technology	Lecture 8	Scientific Developments & Revision	<ul style="list-style-type: none"> <li>• Recent Developments in Science &amp; Technology</li> <li>• Space and Environment</li> <li>• Comprehensive Revision &amp; Practice Test</li> </ul>

## INDIAN SOCIETY

- **Total Duration:** 12-15 Hours
- **Lectures:** 6 Comprehensive Sessions
- **Objective:** To develop conceptual clarity and sociological understanding of Indian Society, Culture, and Social Change through systematic NCERT coverage (Class 6-12).

Lecture No.	Major Topic	Core Sub-Topics Covered
Lecture 1 – 2	Diversity and Unity in India	<ul style="list-style-type: none"> <li>• Introduction to Indian Society and Culture</li> <li>• Unity and Diversity in Indian Society</li> </ul>
Lecture 3	Social Institutions: Family, Caste, Religion	<ul style="list-style-type: none"> <li>• Social Institutions – Family, Caste &amp; Class</li> </ul>
Lecture 4	Gender, Regionalism, and Social Change	<ul style="list-style-type: none"> <li>• Social Change and Development in India</li> </ul>
Lecture 5	Challenges to Social Harmony	<ul style="list-style-type: none"> <li>• Social Issues and Challenges</li> <li>• Unity and Diversity in Indian Society</li> </ul>
Lecture 6	Contemporary Issues, Role of Youth & Revision	<ul style="list-style-type: none"> <li>• Social Movements: Women, Environment, and Dalit Movements</li> </ul>